

Weight Loss Programs

Choose Your Comprehensive Consultation and Treatment Plan

During your initial consultation, you will meet with one of our experienced providers, who will discuss your weight loss goals and perform a physical exam. Blood work will also be obtained to help identify any underlying health conditions or imbalances contributing to weight gain or making it harder to lose weight.

After your consultation, we will schedule a follow-up appointment within 5-7 days to review your blood work and discuss any diagnoses. We will also use this time to review how your symptoms may result from any deficiencies or imbalances and discuss how a personalized treatment plan could help restore optimal function.

Your personalized treatment plan may include medications, diet recommendations, and lifestyle changes. We aim to create a plan tailored to your individual needs and preferences and consider any existing health conditions you may have.

Semaglutide

Semaglutide functions by imitating a hormone that prompts the pancreas to increase insulin production, thereby reducing blood sugar, curbing cravings, and decelerating the digestive process.

These effects help to prolong feelings of fullness, reducing the likelihood of excessive food intake and consequently supporting weight loss efforts

- 0.5mg/week (5 doses) \$170
- 1mg/week (5 doses) \$190
- 1.5mg/week (5 doses) \$230
- 2.4mg/week (5 doses) \$290

Initial Visit

At Serene Health & Wellness, we believe that successful weight loss starts with a comprehensive consultation and a personalized treatment plan. That's why we take the time to get to know our patients and understand their unique goals, symptoms, and medical history.

Initial Consultation with Bloodwork \$150

- ✓ Follow up visits Included
- ✓ Shipping, Supplies, and Taxes Included

Tirzepatide

Tirzepatide can be more effective than Semaglutide as it works by mimicking the GLP-1 and GIP hormones that are naturally secreted by the intestine after a meal, which prompts insulin secretion.

It also reduces appetite by slowing down the time it takes the stomach to empty and interacting with areas in the brain harboring GLP-1 receptors to signal satiety. All resulting in greater weight loss.

- 2.5mg/week (4 doses) \$250
- 5mg/week (4 doses) \$325
- 7.5mg/week (4 doses) \$385
- 10mg/week (4 doses) \$440
- 12.5mg/week (4 doses) \$485
- 15mg/week (4 doses) \$540